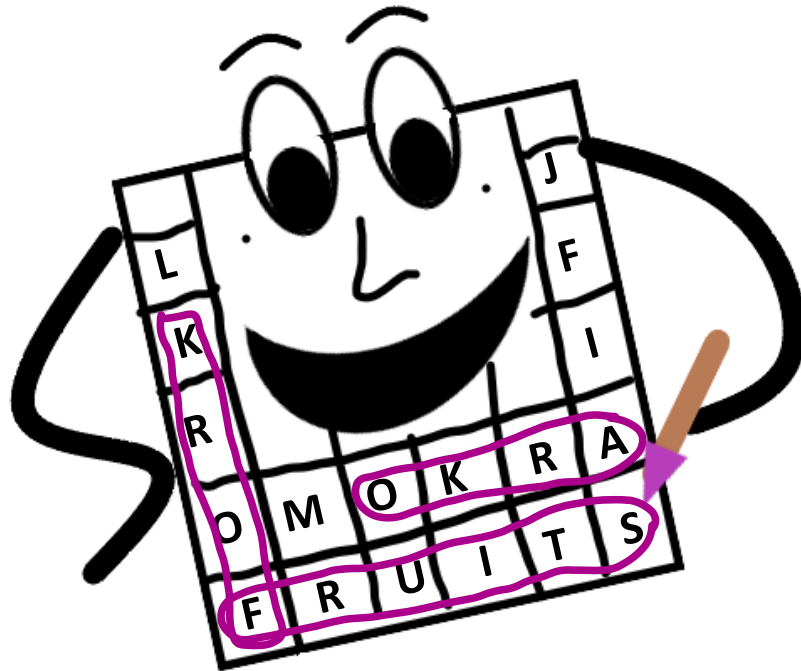


Word Search Puzzle

Instructions:

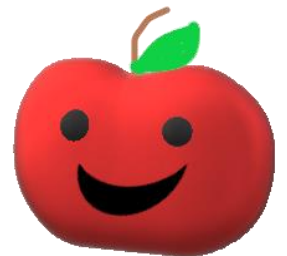
Search up, down, forward, backward, and on the diagonal to find the hidden words.



Fruits



G	N	I	R	P	S	N	B	A
O	L	I	V	E	S	O	U	R
K	I	W	I	A	T	M	T	C
I	N	U	T	R	I	E	N	T
X	D	R	A	U	R	L	A	U
O	E	M	M	U	L	P	R	N
E	I	B	I	G	M	P	R	T
O	R	A	N	G	E	A	U	S
R	D	N	B	T	Q	E	C	E
A	M	A	N	G	O	N	E	H
W	I	N	T	E	R	I	F	C
S	Y	A	A	E	E	P	I	R

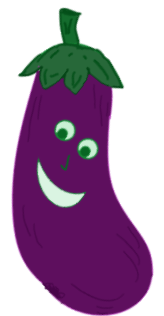


- | | | | |
|----------|----------|-------------|---------|
| APPLE | DRIED | ORANGE | SOUR |
| BANANA | KIWI | PEAR | SPRING |
| BIG | LEMON | PINEAPPLE | TREE |
| CHESTNUT | MANGO | PLUM | VITAMIN |
| CURRENT | NUTRIENT | RAW | WINTER |
| DATE | OLIVE | <u>RIPE</u> | |

Vegetables



C	A	B	B	A	G	E	M	X
D	I	R	O	U	N	D	F	N
R	P	O	D	L	O	R	Y	E
Y	A	C	W	A	E	Z	G	D
L	L	C	Z	S	Q	Y	A	R
E	K	O	H	C	I	T	R	A
T	Q	L	E	I	W	T	K	G
T	Y	I	R	H	V	L	O	R
U	E	L	B	I	D	E	M	E
C	E	L	O	R	A	C	S	E
E	G	G	P	L	A	N	T	N



ARTICHOKE DRY FRESH LETTUCE
 BROCCOLI EDIBLE GARDEN OKRA
 CABBAGE EGGPLANT GREEN POD
 CHIVES ESCAROLE HERB ROUND

Healthy foods



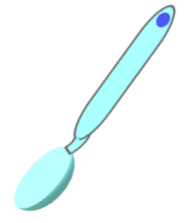
V	W	F	Z	H	L	H	W	Y
E	M	I	L	K	E	G	H	O
G	F	S	E	A	A	B	O	G
E	R	H	A	L	F	E	L	U
T	U	L	N	E	Y	A	E	R
A	I	I	M	S	G	N	G	T
B	T	O	E	E	R	S	R	L
L	S	E	A	I	E	T	A	J
E	D	V	T	R	E	A	I	A
S	B	I	X	R	N	O	N	D
A	W	L	I	E	S	I	S	Q
G	R	O	F	B	N	U	T	S



- BEANS
- KALE
- NUTS
- VEGETABLES
- BERRIES
- LEAFY GREENS
- OATS
- WHOLE GRAINS
- FISH
- LEAN MEAT
- OLIVE OIL
- YOGURT
- FRUITS
- MILK
- SEEDS



In the kitchen



D	I	S	H	E	S	Y	N	I	R
W	B	P	X	L	T	L	I	D	E
C	O	O	K	B	O	O	K	J	F
U	A	O	N	M	V	J	P	U	R
P	K	N	I	S	E	A	A	I	I
K	R	O	F	G	O	R	N	C	G
S	P	I	E	P	L	A	T	E	E
P	I	B	A	S	K	E	T	R	R
O	T	A	E	H	N	O	R	P	A
N	A	G	T	D	O	O	F	O	T
G	L	A	S	S	E	S	P	T	O
E	C	U	T	T	E	R	Q	S	R



- | | | | |
|----------|---------------|-----------|--------------|
| APRON | CUTTER | JUICER | REFRIGERATOR |
| BAG | DISHES | KNIFE | SINK |
| BASKET | FOOD | LID | SPONGE |
| CAN | FORK | NAPKIN | SPOON |
| COOKBOOK | GLASSES | PIE PLATE | STOVE |
| CUP | JAR | POT | |